



CERTIFICATE OF PARTICIPATION

This is to certify that

**Minette Livingstone-
Louw**

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 03:58:22

PACE 05:39/km
OVERALL 106 of 834

GENDER 20 of 271
**SENIOR (20- 16 of 134
39)**



08 July 2023, Sat

Date

BoutTime

Signature

